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CHAPTER NAME : - THE INDIAN CONSTITUTION . 1.

Topic : - fundamental rights as human rights.

The fundamental rights are essential for the well-being of a person / citizen of a country.

Universal declaration of human rights adopted by the UN general assembly on 10th December in 1948

International human rights commission in India was constituted in 1993 to guarantee the citizens their rights .

Some important fundamental duties assigned to the citizens are :

- **To respect the national flag and the national anthem.**
- **To preserve the rich cultural heritage of the country.**

- **To divide by the constitution and respect it ideas and institutions.**
- **To defend the country and promote the spirit of brotherhood.**
- **To maintain and preserve public property.**
- **To develop scientific temper.**
- **To protect and conserve our natural environment.**
